**August Breakfast Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Aug 5-9** |  | **NO SCHOOL** | **SUMMER** | **VACATION** |  |
| **Aug**  **12-16** |  |  |  |  |  |
| **Aug**  **19-23** | **NO SCHOOL** | Scrambled Eggs  Wheat Toast  Orange Slices  Choice of Milk | Cinnamon Roll  Pears  Choice of Milk | Waffle with Syrup  Strawberries  Turkey Sausage  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |
| **Aug**  **26 - 30** | Cereal Bar  Cheese Stick  Applesauce  Choice of Milk | Turkey Sausage Biscuit Sandwich  Hashbrown  Pears  Milk | French Toast Sticks with Syrup  Mixed Berries  Choice of Milk | Egg and Cheese Breakfast Wrap  Banana  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |

**August Lunch Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Aug 5-9** |  | **NO SCHOOL** | **SUMMER** | **VACATION** |  |
| **Aug**  **12-16** |  |  |  |  |  |
| **Aug**  **19-23** | **NO SCHOOL** | Sweet and Sour Chicken  Veggie Fried Rice  Pineapple  Choice of Milk | Turkey and Cheese Sub Sandwich  Sunchips  Carrots with Ranch  Apple  Choice of Milk | Cheese Pizza  Italian Salad  Grapes  Choice of Milk | Chicken and Cheese Quesadilla  Black Bean Salsa  Sweet Corn  Orange Slices  Choice of Milk |
| **Aug**  **26 - 30** | Cheeseburger on a Wheat Bun  Tater Tots  Green Beans  Melon  Choice of Milk | Orange Chicken over Brown Rice  Broccoli  Pineapple  Choice of Milk | Beef and Bean Burrito  Black Bean Salsa  Sweet Corn  Peaches  Choice of Milk | Cheese Ravioli with Marinara Sauce  Caesar Salad  Grapes  Choice of Milk | Chicken Philly Sandwich  Sweet Potato Fries  Banana  Choice of Milk |

**August Snack Pre-K Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Aug 5-9** |  | **NO SCHOOL** | **SUMMER** | **VACATION** |  |
| **Aug**  **12-16** |  |  |  |  |  |
| **Aug**  **19-23** | **NO SCHOOL** | String Cheese  Whole Wheat Crackers  100% Fruit Juice | Trail Mix  (Cheerios, Raisins)  Milk | Applesauce  Graham Crackers  Milk | Goldfish  Raisins  Milk |
| **Aug**  **26 - 30** | Animal Crackers  Fresh Fruit  Milk | String Cheese  Whole Wheat Crackers  100% Fruit Juice | Trail Mix  (Cheerios, Raisins)  Milk | Applesauce  Graham Crackers  Milk | Goldfish  Raisins  Milk |

**Upper Academy Salad Bar Menu**

August 20 - September 27

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Salad Bar Menu** | | | | |
| **Salad Base** | **Vegetables** | **Proteins** | **Cold Items** | **Dressings** |
| Romaine Lettuce | Cherry Tomatoes  Shredded Carrots  Red/Green Peppers  Cucumber  Black Olives | Shredded Cheese  Turkey  Hard Boiled Eggs | Dinner Rolls  Croutons  Whole Fruit | Ranch  Italian |

**August Snack Kindergarten Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Aug 5-9** |  | **NO SCHOOL** | **SUMMER** | **VACATION** |  |
| **Aug**  **12-16** |  |  |  |  |  |
| **Aug**  **19-23** | **NO SCHOOL** | String Cheese  100% Juice | Trail Mix  (Cheerios, Raisins)  Water | Wheat Thins  100% Juice | Raisins  Milk |
| **Aug**  **26 - 30** | Animal Crackers  Milk | String Cheese  100% Juice | Trail Mix  (Cheerios, Raisins)  Water | Wheat Thins  100% Juice | Raisins  Milk |