

May Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
April 29 - May 3	Chicken and Mashed Potato Bowl Broccoli Grapes Choice of Milk	Cheeseburger on a Wheat Bun French Fries Green Beans Melon Choice of Milk	Taco Salad Black Bean Salsa Sweet Corn Peaches Choice of Milk	Turkey & Cheese Wrap Garden Salad Mixed Fruit Choice of Milk	NO SCHOOL Self-Care Day
May 6-10	Filipino Pancit Bihon Broccoli Pineapple Choice of Milk	India Yellow Curry Chicken with Naan Bread Cucumber & Tomato Salad Mixed Fruit Choice of Milk	Cambodia Beef Lok Lak Steamed Rice Cabbage Slaw Mango Slices Choice of Milk	Thailand Chicken Pad Thai Noodle Bowl Green Salad Orange Slices Choice of Milk	Korea Beef Bibimbap Bowl with Rice Stir Fried Veggies Pear Choice of Milk
May 13 - 17	Baked Chicken Drummies over Brown Rice Garden Salad Orange Slices Choice of Milk	Spaghetti with Turkey Meatballs Garlic Bread Green Beans Grapes Choice of Milk	Chicken Quesadilla Pico de Gallo Tex Mex Corn Chef's Choice of Fruit Choice of Milk	BBQ Chicken Sandwich on a Wheat Bun Tater Tots Cabbage Slaw Melon Choice of Milk	Turkey Corn Dog Baked Beans Tomato and Cucumber Salad Chef's Choice of Fruit Choice of Milk
May 20 - 24	Hot Turkey and Cheese Slider SunChips Cucumber Slices Apple Choice of Milk	Taco Salad Black Bean Salsa Sweet Corn Peaches Choice of Milk	Cheesy Chicken and Rice California Mixed Vegetables Melon Choice of Milk	Cheese Ravioli with Marinara Sauce Garlic Bread Broccoli Orange Slices Choice of Milk	All Beef Hot Dog Potato Salad Carrots with Ranch Dip Watermelon Choice of Milk





May Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
April 29 - May 3	Cereal Bar Cheese Stick Applesauce 100% Fruit Juice Choice of Milk	Turkey Sausage Biscuit Sandwich Hashbrown Diced Pears Milk	Pancakes with Syrup Strawberries 100% Fruit Juice Choice of Milk	Egg and Cheese Breakfast Wrap Banana Choice of Milk	NO SCHOOL Self-Care Day
May 6-10	French Toast Sticks with Syrup Peaches Choice of Milk	Breakfast Pizza Chef's Choice of Fruit Choice of Milk	Cereal Bar Cheese Stick Applesauce Choice of Milk	Egg and Sausage on English Muffin Diced Pears Choice of Milk	Cereal with Milk Chef's Choice of Fruit 100% Fruit Juice
May 13 - 17	Bagel with Cream Cheese Yogurt Cup Banana Choice of Milk	Cinnamon Roll Pears 100% Fruit Juice Choice of Milk	Scrambled Eggs Wheat Toast Orange Slices Choice of Milk	Waffle with Syrup Strawberries Turkey Sausage Choice of Milk	Cereal with Milk Chef's Choice of Fruit 100% Fruit Juice
May 20 - 24	Cereal Bar Cheese Stick Applesauce Choice of Milk	Turkey Sausage Biscuit Sandwich Hashbrown Diced Pears Milk	Pancakes with Syrup Strawberries 100% Fruit Juice Choice of Milk	Egg and Cheese Breakfast Wrap Banana Choice of Milk	Cereal with Milk Chef's Choice of Fruit 100% Fruit Juice





May Pre - K Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
April 29 - May 3	Applesauce Whole Grain Muffin Milk	Cheese Stick Wheat Thins 100% Fruit Juice	Fresh Fruit Yogurt Granola Water	Mini Bagels with Cream Cheese Strawberries Milk	NO SCHOOL Self-Care Day
May 6-10	Goldfish Fresh Fruit Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Banana Sunflower Butter Water	Cheese Stick Whole Wheat Crackers 100% Fruit Juice	Graham Crackers Applesauce Milk
May 13 - 17	Goldfish Fresh Fruit Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Banana Sunflower Butter Water	Cheese Stick Whole Wheat Crackers 100% Fruit Juice	Graham Crackers Applesauce Milk
May 20 - 24	Goldfish Fresh Fruit Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Banana Sunflower Butter Water	Cheese Stick Whole Wheat Crackers 100% Fruit Juice	Graham Crackers Applesauce Milk





May Kindergarten Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
April 29 - May 3	Applesauce Milk	Wheat Thins 100% Fruit Juice	Fresh Fruit Milk	Mini Bagels with Cream Cheese 100% Fruit Juice	NO SCHOOL Self-Care Day
May 6-10	Goldfish Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Sunflower Butter Water	Cheese Stick 100% Fruit Juice	Applesauce Milk
May 13 - 17	Goldfish Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Sunflower Butter Water	Cheese Stick 100% Fruit Juice	Applesauce Milk
May 20 - 24	Goldfish Milk	Trail Mix (Cheerios, Raisins) Milk	Whole Wheat Tortilla Sunflower Butter Water	Cheese Stick 100% Fruit Juice	Applesauce Milk





May TGS Salad Bar Menu

Salad Bar Menu					
Salad Base	Vegetables	Proteins	Cold Items	Dressings	
Spring Mix	Cherry Tomatoes Shredded Carrots Red Peppers Green Peppers Black Olives	Shredded Cheese Turkey Deli Meat Hard Boiled Eggs	Dinner Rolls Croutons Whole Fruit	Ranch Italian	

