**April Breakfast Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Cereal Bar Cheese StickPineapplesChoice of Milk | Apple Cinnamon MuffinFruit and Yogurt ParfaitChoice of Milk | Scrambled EggsWheat ToastOrange SlicesChoice of Milk | Breakfast PitaDiced PearsChoice of Milk | Cereal with MilkChef’s Choice of Fruit100% Fruit Juice |
| **April 8-12** | Biscuit and Turkey Sausage GravyChef’s Choice of FruitChoice of Milk | Scrambled EggsBreakfast PotatoesPeachesChoice of Milk | Pancakes with SyrupTurkey Sausage BananaChoice of Milk | Egg and Sausage Breakfast CasseroleDiced PearsChoice of Milk | Warm Banana BreadFruit and Yogurt ParfaitChoice of Milk |
| **April****15** **-** **19** | French Toast Sticks with SyrupPeachesChoice of Milk | Breakfast PizzaChef’s Choice of Fruit100% Fruit JuiceChoice of Milk | Apple Cinnamon OatmealMixed FruitChoice of Milk | Egg and Cheese Biscuit SandwichBanana100% Fruit JuiceChoice of Milk | Egg and Sausage Breakfast CasserolePineappleChoice of Milk |
| **April 22-26** | Biscuit with JellyTurkey SausageChef’s Choice of FruitChoice of Milk | Scrambled EggsWheat ToastOrange SlicesChoice of Milk | Warm Mini Cinnamon RollsPears100% Fruit JuiceChoice of Milk | Waffle with SyrupStrawberriesTurkey SausageChoice of Milk | Bagel with Cream CheeseYogurt CupBananaChoice of Milk |
| **April 29** **-** **May 3** | Cereal BarCheese StickDiced Pears100% Fruit JuiceChoice of Milk | Turkey Sausage Biscuit SandwichHashbrownApplesauceMilk | Pancakes with SyrupStrawberries100% Fruit JuiceChoice of Milk | Egg and Cheese Breakfast WrapBananaChoice of Milk | **NO SCHOOL**Self-Care Day |

**April Lunch Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Chicken Salad on a Wheat BunPotato WedgesGreen PeasMelonChoice of Milk | Turkey and Cheese PinwheelsBaked ChipsCarrots with Ranch DipAppleChoice of Milk | Salisbury SteakMashed PotatoesDinner Roll Mixed VeggiesGrapesChoice of Milk | Southwest Chicken and Rice BowlBlack Bean SalsaCorn ChipsCucumber SlicesPineappleChoice of Milk | Cheese Tortellini with Marinara SauceGarden SaladBread StickChef’s Choice of FruitChoice of Milk |
| **April 8-12** | Italian Chicken Cutlet over Garlic Parmesan PastaItalian SaladChef’s Choice of FruitChoice of Milk | Beef, Rice and Bean BurritoTexMex CornOrange SlicesChoice of Milk | BBQ Chicken SandwichCabbage SlawPotato WedgesAppleChoice of Milk | Spaghetti with Meat SauceGreen BeansGarlic BreadGrapesChoice of Milk | Teriyaki Chicken Fried Rice with Stir Fry VeggiesBroccoliPineappleChoice of Milk |
| **April****15** **-** **19** | Turkey Corn DogFrench FriesTomato and Cucumber SaladChef’s Choice of FruitChoice of Milk | Beefy Mac and CheeseBroccoliChef’s Choice of FruitChoice of Milk | Garlic Chicken Alfredo PizzaItalian SaladApple SauceChoice of Milk | Sloppy Joe SandwichFrench FriesRoasted CarrotsPineapple Choice of Milk | BBQ Chicken Drumstick Baked BeansSweet CornOrange SlicesChoice of Milk |
| **April 22-26** | Turkey & Cheese SlidersPotato WedgesGreen BeansMelonChoice of Milk | Cheese Ravioli with Marinara SauceGarlic BreadstickCaesar SaladGrapes Choice of Milk | Chicken EnchiladasSouthwest Pinto BeansTex Mex CornChef’s Choice of FruitChoice of Milk | Beef Fried Rice with Stir Fry VegetablesRoasted CarrotsPineappleChoice of Milk | Grilled Cheese SandwichGarden SaladApple Choice of Milk |
| **April 29** **-** **May 3** | Chicken and Mashed Potato BowlBroccoliGrapesChoice of Milk | Cheeseburger on a Wheat BunFrench FriesGreen BeansMelonChoice of Milk | Taco Salad Black Bean SalsaSweet CornPeachesChoice of Milk | Turkey & Cheese WrapGarden SaladMixed FruitChoice of Milk | **NO SCHOOL**Self-Care Day |

**Upper Academy Salad Bar Menu**

April 1 - May 3, 2024

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| --- |
| **Salad Bar Menu** |
| **Salad Base** | **Vegetables** | **Proteins** | **Cold Items** | **Dressings** |
| Baby Spinach | Broccoli FloretsMatchstick CarrotsSliced Red OnionShredded CabbageRed/Green Peppers | EdamameGrilled Chicken | Dinner RollWonton StripsWhole Fruit | Asian CitrusItalian |

**September Pre-K Snack Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | ApplesauceWhole Grain MuffinMilk | Cheese StickWheat Thins100% Fruit Juice | Fresh Fruit YogurtGranolaWater | Mini Bagels with Cream CheeseStrawberriesMilk | Sunflower ButterGraham CrackersMilk |
| **April 8-12** | ApplesauceWhole Grain MuffinMilk | Cheese StickWheat Thins100% Fruit Juice | Fresh Fruit YogurtGranolaWater | Mini Bagels with Cream CheeseStrawberriesMilk | Sunflower ButterGraham CrackersMilk |
| **April****15** **-** **19** | ApplesauceWhole Grain MuffinMilk | Cheese StickWheat Thins100% Fruit Juice | Fresh Fruit YogurtGranolaWater | Mini Bagels with Cream CheeseStrawberriesMilk | Sunflower ButterGraham CrackersMilk |
| **April 22-26** | ApplesauceWhole Grain MuffinMilk | Cheese StickWheat Thins100% Fruit Juice | Fresh Fruit YogurtGranolaWater | Mini Bagels with Cream CheeseStrawberriesMilk | Sunflower ButterGraham CrackersMilk |
| **April 29** **-** **May 3** | ApplesauceWhole Grain MuffinMilk | Cheese StickWheat Thins100% Fruit Juice | Fresh Fruit YogurtGranolaWater | Mini Bagels with Cream CheeseStrawberriesMilk | **NO SCHOOL**Self-Care Day |

**April Kindergarten Snack Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | ApplesauceMilk | Wheat Thins100% Fruit Juice | Fresh Fruit Milk | Mini Bagels with Cream Cheese100% Fruit Juice | Graham CrackersMilk |
| **April 8-12** | ApplesauceMilk | Wheat Thins100% Fruit Juice | Fresh Fruit Milk | Mini Bagels with Cream Cheese100% Fruit Juice | Graham CrackersMilk |
| **April****15** **-** **19** | ApplesauceMilk | Wheat Thins100% Fruit Juice | Fresh Fruit Milk | Mini Bagels with Cream Cheese100% Fruit Juice | Graham CrackersMilk |
| **April 22-26** | ApplesauceMilk | Wheat Thins100% Fruit Juice | Fresh Fruit Milk | Mini Bagels with Cream Cheese100% Fruit Juice | Graham CrackersMilk |
| **April 29** **-** **May 3** | ApplesauceMilk | Wheat Thins100% Fruit Juice | Fresh Fruit Milk | Mini Bagels with Cream Cheese100% Fruit Juice | **NO SCHOOL**Self-Care Day |