**April Breakfast Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Cereal Bar  Cheese Stick  Pineapples  Choice of Milk | Apple Cinnamon Muffin  Fruit and Yogurt Parfait  Choice of Milk | Scrambled Eggs  Wheat Toast  Orange Slices  Choice of Milk | Breakfast Pita  Diced Pears  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |
| **April 8-12** | Biscuit and Turkey Sausage Gravy  Chef’s Choice of Fruit  Choice of Milk | Scrambled Eggs  Breakfast Potatoes  Peaches  Choice of Milk | Pancakes with Syrup  Turkey Sausage  Banana  Choice of Milk | Egg and Sausage Breakfast Casserole  Diced Pears Choice of Milk | Warm Banana Bread  Fruit and Yogurt Parfait  Choice of Milk |
| **April**  **15**  **-**  **19** | French Toast Sticks with Syrup  Peaches  Choice of Milk | Breakfast Pizza  Chef’s Choice of Fruit  100% Fruit Juice  Choice of Milk | Apple Cinnamon Oatmeal  Mixed Fruit  Choice of Milk | Egg and Cheese Biscuit Sandwich  Banana  100% Fruit Juice  Choice of Milk | Egg and Sausage Breakfast Casserole  Pineapple Choice of Milk |
| **April 22-26** | Biscuit with Jelly  Turkey Sausage  Chef’s Choice of Fruit  Choice of Milk | Scrambled Eggs  Wheat Toast  Orange Slices  Choice of Milk | Warm Mini  Cinnamon Rolls  Pears  100% Fruit Juice  Choice of Milk | Waffle with Syrup  Strawberries  Turkey Sausage  Choice of Milk | Bagel with Cream Cheese  Yogurt Cup  Banana  Choice of Milk |
| **April 29**  **-**  **May 3** | Cereal Bar  Cheese Stick  Diced Pears  100% Fruit Juice  Choice of Milk | Turkey Sausage Biscuit Sandwich  Hashbrown  Applesauce  Milk | Pancakes with Syrup  Strawberries  100% Fruit Juice  Choice of Milk | Egg and Cheese Breakfast Wrap  Banana  Choice of Milk | **NO SCHOOL**  Self-Care Day |

**April Lunch Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Chicken Salad on a Wheat Bun  Potato Wedges  Green Peas  Melon  Choice of Milk | Turkey and Cheese Pinwheels  Baked Chips  Carrots with  Ranch Dip  Apple  Choice of Milk | Salisbury Steak  Mashed Potatoes  Dinner Roll  Mixed Veggies  Grapes  Choice of Milk | Southwest Chicken and Rice Bowl  Black Bean Salsa  Corn Chips  Cucumber Slices  Pineapple  Choice of Milk | Cheese Tortellini with Marinara Sauce  Garden Salad  Bread Stick  Chef’s Choice of Fruit  Choice of Milk |
| **April 8-12** | Italian Chicken  Cutlet over Garlic Parmesan Pasta  Italian Salad  Chef’s Choice of Fruit  Choice of Milk | Beef, Rice and Bean Burrito  TexMex Corn  Orange Slices  Choice of Milk | BBQ Chicken Sandwich  Cabbage Slaw  Potato Wedges  Apple  Choice of Milk | Spaghetti with Meat Sauce  Green Beans  Garlic Bread  Grapes  Choice of Milk | Teriyaki Chicken  Fried Rice with Stir Fry Veggies  Broccoli  Pineapple  Choice of Milk |
| **April**  **15**  **-**  **19** | Turkey Corn Dog  French Fries  Tomato and Cucumber Salad  Chef’s Choice of Fruit  Choice of Milk | Beefy Mac and Cheese  Broccoli  Chef’s Choice of Fruit  Choice of Milk | Garlic Chicken Alfredo Pizza  Italian Salad  Apple Sauce  Choice of Milk | Sloppy Joe Sandwich  French Fries  Roasted Carrots  Pineapple  Choice of Milk | BBQ Chicken Drumstick  Baked Beans  Sweet Corn  Orange Slices  Choice of Milk |
| **April 22-26** | Turkey & Cheese Sliders  Potato Wedges  Green Beans  Melon  Choice of Milk | Cheese Ravioli with Marinara Sauce  Garlic Breadstick  Caesar Salad  Grapes  Choice of Milk | Chicken Enchiladas  Southwest Pinto Beans  Tex Mex Corn  Chef’s Choice of Fruit  Choice of Milk | Beef Fried Rice with Stir Fry Vegetables  Roasted Carrots  Pineapple  Choice of Milk | Grilled Cheese Sandwich  Garden Salad  Apple  Choice of Milk |
| **April 29**  **-**  **May 3** | Chicken and Mashed Potato Bowl  Broccoli  Grapes  Choice of Milk | Cheeseburger on a Wheat Bun  French Fries  Green Beans  Melon  Choice of Milk | Taco Salad  Black Bean Salsa  Sweet Corn  Peaches  Choice of Milk | Turkey & Cheese Wrap  Garden Salad  Mixed Fruit  Choice of Milk | **NO SCHOOL**  Self-Care Day |

**Upper Academy Salad Bar Menu**

April 1 - May 3, 2024

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Salad Bar Menu** | | | | |
| **Salad Base** | **Vegetables** | **Proteins** | **Cold Items** | **Dressings** |
| Baby Spinach | Broccoli Florets  Matchstick Carrots  Sliced Red Onion  Shredded Cabbage  Red/Green Peppers | Edamame  Grilled Chicken | Dinner Roll  Wonton Strips  Whole Fruit | Asian Citrus  Italian |

**September Pre-K Snack Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Applesauce  Whole Grain Muffin  Milk | Cheese Stick  Wheat Thins  100% Fruit Juice | Fresh Fruit  Yogurt  Granola  Water | Mini Bagels with Cream Cheese  Strawberries  Milk | Sunflower Butter  Graham Crackers  Milk |
| **April 8-12** | Applesauce  Whole Grain Muffin  Milk | Cheese Stick  Wheat Thins  100% Fruit Juice | Fresh Fruit  Yogurt  Granola  Water | Mini Bagels with Cream Cheese  Strawberries  Milk | Sunflower Butter  Graham Crackers  Milk |
| **April**  **15**  **-**  **19** | Applesauce  Whole Grain Muffin  Milk | Cheese Stick  Wheat Thins  100% Fruit Juice | Fresh Fruit  Yogurt  Granola  Water | Mini Bagels with Cream Cheese  Strawberries  Milk | Sunflower Butter  Graham Crackers  Milk |
| **April 22-26** | Applesauce  Whole Grain Muffin  Milk | Cheese Stick  Wheat Thins  100% Fruit Juice | Fresh Fruit  Yogurt  Granola  Water | Mini Bagels with Cream Cheese  Strawberries  Milk | Sunflower Butter  Graham Crackers  Milk |
| **April 29**  **-**  **May 3** | Applesauce  Whole Grain Muffin  Milk | Cheese Stick  Wheat Thins  100% Fruit Juice | Fresh Fruit  Yogurt  Granola  Water | Mini Bagels with Cream Cheese  Strawberries  Milk | **NO SCHOOL**  Self-Care Day |

**April Kindergarten Snack Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **April 1-5** | Applesauce  Milk | Wheat Thins  100% Fruit Juice | Fresh Fruit  Milk | Mini Bagels with Cream Cheese  100% Fruit Juice | Graham Crackers  Milk |
| **April 8-12** | Applesauce  Milk | Wheat Thins  100% Fruit Juice | Fresh Fruit  Milk | Mini Bagels with Cream Cheese  100% Fruit Juice | Graham Crackers  Milk |
| **April**  **15**  **-**  **19** | Applesauce  Milk | Wheat Thins  100% Fruit Juice | Fresh Fruit  Milk | Mini Bagels with Cream Cheese  100% Fruit Juice | Graham Crackers  Milk |
| **April 22-26** | Applesauce  Milk | Wheat Thins  100% Fruit Juice | Fresh Fruit  Milk | Mini Bagels with Cream Cheese  100% Fruit Juice | Graham Crackers  Milk |
| **April 29**  **-**  **May 3** | Applesauce  Milk | Wheat Thins  100% Fruit Juice | Fresh Fruit  Milk | Mini Bagels with Cream Cheese  100% Fruit Juice | **NO SCHOOL**  Self-Care Day |