November Breakfast Menu

|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- | --- |
| **Nov 6 - 10** | Cereal Bar  Cheese Stick  Applesauce  100% Fruit Juice  Choice of Milk | Warm Biscuit  with Jelly  Yogurt Cup  Pears  Choice of Milk | French Toast Sticks  Mixed Berries  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |  |
| **Nov 13**  **-**  **17** | Egg and Cheese Breakfast Sliders  Breakfast Potatoes  Fruit Cup  Choice of Milk | Cinnamon Roll  Cheese Stick  Mandarin Oranges  Choice of Milk | Apple Cinnamon Muffin  Fruit and Yogurt Parfait  Choice of Milk | Biscuit with Turkey Sausage  Pears  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |
| **Nov 20**  **-**  **24** | Bagel with Cream Cheese  Chef’s Choice of Fruit  Choice of Milk | Scrambled Eggs  Wheat Toast  Orange Slices  Choice of Milk |  |  |  |
| **Nov 27**  **- Dec 1** | French Toast Sticks  100% Fruit Juice  Chef’s Choice of Fruit  Choice of Milk | Scrambled Eggs  Turkey Sausage  Cheese Grits  Fruit Cup  Choice of Milk | Cereal Bar  Cheese Stick  Applesauce  Choice of Milk | Breakfast Casserole  Chef’s Choice of Fruit  Choice of Milk | Cereal with Milk  Chef’s Choice of Fruit  100% Fruit Juice |

November Lunch Menu

|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- | --- |
| **Nov**  **6 - 10** | Cheeseburger  French Fries  Carrots with Ranch  Apple  Choice of Milk | Chicken, Bean and Rice Burrito  Tex Mex Corn  Chef’s Choice of Fruit  Choice of Milk | Teriyaki Chicken  over Vegetable  Fried Rice  Broccoli  Peaches  Choice of Milk | Spaghetti with  Meat Sauce  Italian Salad  Garlic Bread  Orange Slices  Choice of Milk |  |
| **Nov 13**  **-**  **17** | Grilled Cheese and Tomato Soup  Broccoli  Peaches  Choice of Milk | Taco Salad Bowl over Cilantro Rice  Corn Salsa  Pineapple  Choice of Milk | Chicken Tetrazzini  Roasted Zucchini and Yellow Squash  Apple  Choice of Milk | Beef Stroganoff Green Peas  Mixed Fruit  Choice of Milk | Turkey Corn Dog  Baked Beans  Cabbage Slaw  Chef’s Choice of Fruit  Choice of Milk |
| **Nov 20**  **-**  **24** | Turkey and Cheese Sliders  California Veggies  Baked Beans  Melon  Choice of Milk | **Thanksgiving**  **Meal** |  |  |  |
| **Nov 27**  **-**  **Dec 1** | Salisbury Steak  Mashed Potatoes with Gravy  Mixed Veggies  Orange Slices  Choice of Milk | Tuscan Turkey Sausage and Bean Soup  Dinner Roll  Sweet Corn  Grapes  Choice of Milk | BBQ Chicken Drumstick  Dinner Roll  Roasted Carrots  Orange Slices  Choice of Milk | Beef Lasagna  Italian Salad  Garlic Bread  Mixed Fruit  Choice of Milk | Chicken Alfredo Pasta  Breadstick  Spinach  Peaches  Choice of Milk |

**Thanksgiving Meal - Thursday, Nov 16, 2023**

* Herb Roast Turkey Breast
* French Green Beans
* Mashed Potatoes w/ Gravy
* Cornbread Stuffing
* Cranberry Sauce
* Pumpkin Pie (optional)

November Kindergarten Snack Menu

|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- | --- |
| **Nov**  **6 - 10** | Animal Crackers  Milk | Whole Grain Muffin  Milk | Trail Mix  (Cheerios, Raisins)  Water | Apple Slices  Milk |  |
| **Nov 13**  **-**  **17** | Animal Crackers  Milk | Whole Grain Muffin  Milk | Trail Mix  (Cheerios, Raisins)  Water | Apple Slices  Milk | String Cheese  100% Fruit Juice |
| **Nov 20**  **-**  **24** | Animal Crackers  Milk | Whole Grain Muffin  Milk |  |  |  |
| **Nov 27**  **-**  **Dec 1** | Animal Crackers  Milk | Whole Grain Muffin  Milk | Trail Mix  (Cheerios, Raisins)  Water | Apple Slices  Milk | String Cheese  100% Fruit Juice |